

Windcrest Freshman

Triathlon

Saturday, May 2, 2009

Race Day: Saturday check in starts at 6:30am at the Windcrest Pool, 5609 Winsong, located in the City of Windcrest. The transition area will be right in front of the pool. You must be body marked before you go to the transition. Event will be Chip Timed.

Swim: The swim will be a 200 meter snake style swim. The start will be a time trial start with an athlete leaving every 10 seconds.

Run: The 2mile run is a 1 loop run around the Golf Course on Pavement.

Bike: The 10 mile bike course is an 2 loop course on quiet neighborhood roads. Drafting is illegal and will not be tolerated. Be aware that the roads are open to traffic – use caution and stay to the right. **You must follow all regular traffic laws.**

Parking: Information will be sent out before the event.

For Information: www.Redemptionrp.com

210-313-5082

Race Entries are non-refundable for any reason

Race Day Packet Pick up – Additional \$10.00 Fee

Register before 4-15-09 to **guarantee** a T-shirt and **receive race discounts**

Windcrest Freshman Triathlon

Name 1 (Relay) or Individual _____

Team Name: _____

Address: _____

City: _____ State _____ Zip _____

Phone # _____ Email _____

Sex M F DOB _____ Age on 12-31-09 _____ Shirt S M L XL

USAT # _____ Exp Date _____

Name 2 (Relay Bike) _____

Sex M F DOB _____ Age on 12-31-09 _____ Shirt S M L XL

USAT # _____ Exp Date _____



REDEMPTION

Race Productions
www.redemptionrp.com

200m Swim, 10 Mile Bike, 2 Mile Run

Awards: Awards to the top 3 age groupers M/F. Only one category on relay teams. M/F 19/under, 20-24,25-29,30-34,35-39,40-44,45-49,50-54,55-59,60-64,65-69, 70 and older.

NO Race day registration: Online at www.redemptionrp.com, or www.signmeup.com
Mail in entry by using the form on bottom of sheet.

Packet Pickup

Packet pick up is Friday May 1st @ the Windcrest Pool , 5609 Winsong, San Antonio, Texas 78239 from 3 pm-8pm. Race day packet pickup is between 6:00am-7:30am at the pool. **Race Day packet pickup will cost an additional \$10.00 fee, cash or check only.**

All participants must have an annual USAT membership or a single day permit If you do not have your annual USAT card, you will be required to purchase a one day \$10.00 pass, cash or check only

NO Race Day Registration

Circle one: Individual Relay

Individual Cost \$45.00 before 4-15-09 after \$55.00

Relay Cost \$70.00 before 4-15-09 after \$80.00

Total Enclosed\$ _____

Mail Check payable to:

Redemption Race Productions
446 Faircrest
San Antonio, Texas 78239

Release of Liability agreement: I understand that there are no refunds, transfers or credits. I waive all charges against Redemption Race Productions staff, The City of Windcrest, and any person/venues, volunteers or anyone affiliated with the Windcrest Freshman Triathlon. USAT waiver will be signed at packet pickup. All entrants/competitors will be required to sign USAT waiver and pick up their packet. No one will be permitted to collect another entrant's packet.

Signature #1 _____

Signature#2 _____

For those under 18, parents signature required.