

THE WURST TRI EVER

August 23, 2009 – Landa Park, New Braunfels, Texas

Bike Instructions

The small adhesive sticker with your race number must be attached somewhere on the bike. This is for security reasons and will be matched to your bib# when you take your bike out of transition to go home.

The **Paper Bike** number must be firmly attached to your bike in a visible manner.

The bike is a 14 mile out and bike ride. There will be police at busy intersections.

You must obey all traffic laws and realize that the bike is considered a vehicle and is subject to all traffic laws. The police may stop you at an intersection so you must be aware and pay attention to the directions. The Police are not responsible for directing you in the proper directions, you must know the course.

SAFETY ALERT – READ THIS!!!!!!!!!!!!!!

Coming back into the park when you come from Lakeview Blvd and turn left on Landa Park Dr which is the HUGE downhill, special rules will be in effect. These special rules are being implemented for safety purposes and will be strictly enforced.

1. Once you turn left onto Lakeview Blvd you will be in a NO PASS zone. You will be **dis-qualified** if you pass anyone. Even if the person in front of you is going 5mph you cannot pass.
2. The speed limit will be **a MAXIMUM** of 25mph going down the hill. If you exceed 25mph you will be **dis-qualified** and be subject to New Braunfels Police ticketing.
3. A policeman with radar gun will be stationed at the bottom of the hill monitoring speed.
4. Speed limit in the park is 20MPH. As in all Triathlons, you **must** obey all traffic laws as your bike is considered a vehicle. Policeman will be stationed at all intersections on the route. Thank our boys in blue, New Braunfels Police and Comal County Sheriff.

Special Run Instructions

1. Run will not have a lead out vehicle due to the uniqueness of the layout. Please be aware at the intersection of Elizabeth Street and Hinman Island road, (mile 1-1/2) there is a railroad crossing. If the rail road crossing bars go down, **YOU MUST STOP AND WAIT, DO NOT GO AROUND THE CROSSING BARS**. Going around a railroad crossing bars carries a hefty fine. There will be a policeman at the

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intersection and will be monitoring this crossing. Hopefully no train will pass. There is not a schedule of train traffic through New Braunfels, yes I asked ☺

2. There will be 2 water stations, one will be at the turnaround at the end of Elizabeth Street and the other is at the turnaround on Hinman Island road.